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Kingston Women's Centre

Organisation details

Description of activity

Kingston Women's Centre is run by women for women. We welcome women from all backgrounds of all ages from the local community. We aim to provide a safe confidential space where you can talk about anything in your life that may be uncomfortable, confusing or painful without fear of judgement. We provide counselling on a weekly basis for up to two years.

Our counselling helps in different ways:

Manage difficult feelings

Find new ways of relating to yourself and others

Support you through life crises or life changes

There are many reasons to seek counselling such as: Anger issues, anxiety, bereavement, childhood sexual abuse, difficult childhood experiences, domestic abuse, depression, identity issues, life changes / life crisis, panic attacks, pregnancy and parenting issues, relationship difficulties, sensitivity and shame, trauma, work-related issues.

Contact details

Email address

kwcenquiries@kingstonwomenscentre.org.uk

Website

<https://kingstonwomenscentre.org.uk/>

Address details

Building name

Kingston Women's Centre

Address 1

169 Canbury Park Road

Town

Kingston upon Thames

Postcode

KT2 6LG

Accessibility

Accessible building

Yes

Staff have specialist training

Yes

Please enter any further details about your accessibility / specialist support

The centre has wheelchair access.

Availability details

When is the activity or service available

All Year Round

How to access the service/activity

Pre-book |

Is there a cost for this service or activity

Yes

Please provide further details

Fees are charged on a sliding scale according to income. Refer to the organisation website for latest fees.

Location Map