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Cooking Up

Organisation details

Description of activity

Cooking Up is a charity aiming to enhance the health and wellbeing of people facing challenging circumstances in the London Borough of Richmond and neighbouring boroughs, by enabling them to cook healthy, tasty food for themselves and their families.

We run cookery lessons for groups of 6-10 people who prepare a meal for four to take home with the help of our trained volunteers. All our meals are cooked on the hob to save energy costs and we aim for all ingredients to cost under £1.50 per head.

We have a fully mobile kitchen which means that we can deliver the sessions throughout Richmond upon Thames and are currently working with partners in Ham, Hampton, Twickenham and Whitton.

Contact details

Email address

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Website

<https://www.cookingup.org/>