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BEAT - eating disorder charity

Organisation details

Description of activity

Eating disorder charity. Founded in 1989 as the Eating Disorders Association, our mission is to end the pain and suffering caused by eating disorders.

What we do

Our national Helpline exists to encourage and empower people to get help quickly, because we know the sooner someone starts treatment, the greater their chance of recovery. People can contact us online or by phone 365 days a year. We listen to them, help them to understand the illness, and support them to take positive steps towards recovery. We also support family and friends, equipping them with essential skills and advice, so they can help their loved ones recover whilst also looking after their own mental health. And we campaign to increase knowledge among healthcare and other relevant professionals, and for better funding for high-quality treatment, so that when people are brave enough to take vital steps towards recovery, the right help is available to them.

The work we do means that every year lives are saved, families are kept together, and people are able to live free of eating disorders.

Support for parents and carers in London from Beat (UK's leading eating disorder charity).

Beat CareEd Support Line for London: 0808 801 0356

From here, parents and carers can access:

NEXUS - weekly telephone coaching

SOLACE - peer support group over Zoom

Contact details

Telephone

0808 801 0677

Email address

help@beateatingdisorders.org.uk

Website

<http://help@beateatingdisorders.org.uk>

Social media links

X link

<https://twitter.com/beated>

Facebook link

<https://www.facebook.com/beat.eating.disorders>