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## Student Spectra

### Organisation details

#### Description of activity

StudentSpectra provide support and information around mental well-being, relationships, and sexual health to young people aged 13 and over.

All services are free, voluntary, and confidential.

We work across London, but some services are limited by borough.

Please get in touch to find out about the services we offer near you: [YPServices@spectra-london.org.uk](mailto:YPServices@spectra-london.org.uk)

### Contact details

#### Email address

[YPServices@spectra-london.org.uk](mailto:YPServices@spectra-london.org.uk)

#### Website

<https://www.spectra-student.org.uk/home>