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## Transport for London (TfL)- Travel mentoring

### Organisation details

#### Description of activity

Transport for London offer a free travel mentoring service helps people to start using public transport.

They can offer advice on planning a journey using an accessible route. They can provide a mentor to go out with you to practice a journey a few times to help you gain confidence and provide the knowledge to become an independent traveller across the TfL network.

Mentoring is free of charge and can be provided Monday to Friday from 09:00-17:00.

### Contact details

#### Telephone

020 3054 4361 (TfL call charges)

#### Email address

[travelmentor@tfl.gov.uk](mailto:travelmentor@tfl.gov.uk)

#### Website

[https://tfl.gov.uk/transport-accessibility/learn-to-use-public-transpo ...](https://tfl.gov.uk/transport-accessibility/learn-to-use-public-transpo...)

### Accessibility

#### Please enter any further details about your accessibility / specialist support

Find out more about Transport accessibility on the TfL website <https://tfl.gov.uk/transport-accessibility/wheelchair-access-and-avoiding-stairs>