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## Richmond and Kingston Buddy Up

### Organisation details

#### Description of activity

Are you 14 to 17 years old and looking for more independence?

Want to try a new club or activity and make friends with other young people?

It is so easy to get involved! As long as you are 14-17 years old with an additional need and/or disability and you are a resident of the Kingston or Richmond Borough, you are eligible for the Richmond and Kingston BuddyUp Scheme.

BuddyUp works by matching young people up with their own young volunteer ('buddy') and aims to enable young people to increase independence and confidence through travelling and getting out and about more in their community. And of course it's about having fun and building a friendship!

How do I join BuddyUp?

Please contact the following for more information:

Kingston BuddyUp

Buddy Coordinator: Sara Felberg

Phone: 07759 258 523

Email: [s.felberg@richmondaid.org.uk](mailto:s.felberg@richmondaid.org.uk)

Richmond BuddyUp

Buddy Coordinator: Beatriz Donoso

Phone: 07784 362 937

Email: [b.donoso@richmondaid.org.uk](mailto:b.donoso@richmondaid.org.uk)

Becoming a Buddy

Richmond AID have fantastic 'Buddy' Scheme opportunities!

Become a Buddy to a young person with a disability (for volunteers aged 16+).

Help young people with disabilities to find independence on public transport and in the community by travelling with them to activities in the local area. You will also be invited to our regular Buddy Social Days which have previously been at Chessington World of Adventures and adventure golf!

For further information contact Richmond Aid.

### Contact details

#### Website

<http://www.richmondaid.org.uk/richmond-and-kingston-buddyup/>

### Address details

#### Building name

Richmond AID Disability Action & Advice Centre (DAAC)

#### Address 1

4 Waldegrave Road

#### Town

Teddington

**Postcode**

TW11 8HT

**Accessibility****Accessible building**

Yes

**Accessible toilets**

Yes

**Parking facilities**

Yes

**Availability details****When is the activity or service available**

All Year Round

**How to access the service/activity**

Pre-book |

**Description of eligibility or referral criteria and pathways (if applicable)**

Contact the referral co ordinators to find out how to join.

**Does a parent / carer need to stay on premises during activity**

No

**Age range****Age of users**

From 14 years to 17 years

**Location Map**