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ASCA

Organisation details

Description of activity

We are a small, community charity based in the borough of Richmond upon Thames, with almost 30 years' experience across a range of mental health issues.

At our Richmond premises, we arrange a variety of confidential support services throughout the year, available to anyone over the age of 18.

Though we do not charge for our services, as a community organisation ASCA operates on a donation system, to ensure people have access whatever their financial circumstances. During an initial assessment appointment, an appropriate weekly donation will be agreed between you and your counsellor.

We offer one-to-one counselling and group services for:

People with issues around alcohol and/or drugs

People struggling to cope with/wanting support around a range of everyday mental health issues anxiety, stress, depression, bereavement, loss, self-esteem, relationship issues, financial worries

Carers, family members, friends and anyone affected by someone else's alcohol or drug issues

People struggling with mild mental health issues such as anxiety / depression, that are under the current management of a mental health professional and / or GP

People in recovery from alcohol/drug issues who are at risk of relapse or experiencing difficulties in their lives

Please be aware:

To access our services you must be registered with a GP

We are not an emergency service, nor part of the NHS

We are not able to offer medical or crisis interventions

Could you benefit from our support?

If you feel that you could benefit, please contact us directly by telephone for further information.

Contact details

Telephone

020 8940 1160. There is an 24-hour answer phone, if you leave a message we will get back to you within office hours.

Website

<https://asca.org.uk/>

Address details

Building name

ASCA

Address 1

233 Lower Mortlake Road

Town

Richmond

County

Surrey

Postcode

TW9 2LL

Availability details

Days and times of activity / opening

Monday	from 08:00	to 18:30
Tuesday	from 08:00	to 15:30
Wednesday	from 11:00	to 14:00

Is there a cost for this service or activity

No

Age range

Age of users

From 18 years

Location Map