

Sibs - Support group for adult siblings of autistic people: Meltdowns & shutdowns

14
Dec

7pm to 8.30pm
📍

Being a sibling to an autistic person can bring a whole range of experiences, feelings and complexity to your life that it can be hard for others to relate to. Connecting with others who just 'get' what sibling life is like can help you to feel more confident and less isolated in your sibling role.

Who can join this group?

The group mainly focuses on siblings of autistic people who are verbal and who might need support in some areas of life, but not others. That's because this is a specific experience that differs from other disabilities or neurodivergent conditions.

To join this group you need to:

Be aged 18 or over

Currently live in the UK

Have a brother or sister who is autistic (includes Asperger syndrome)

Enjoy meeting others!

Organiser and contact details

Organiser

Sibs

Email address

info@sibs.org.uk

Booking link

URL

[https://www.sibs.org.uk/support-for-adult-siblings/confident-caring-pr ...](https://www.sibs.org.uk/support-for-adult-siblings/confident-caring-pr...)

Additional useful information to download

File attachments

- [Flyer \(Portable Network Graphics \(PNG\), 951 KB\)](#)

Accessibility

Accessible building

N/A

Accessible toilets

N/A

Parking facilities

N/A

Dietary needs catered for

N/A

Staff have specialist training

N/A

We can remind you about this event

Please create an account or login to set up reminders for this event.