

Family Fit

04
Apr

⌚ 9.30am to 10am

📍 Fairfield Recreation Ground, Fairfield Road . [View map](#)

Family Fit is a 30 minute fitness session for the whole family with all abilities welcome. Only Parkers booked onto this session will be allowed to take part. No equipment will be provided so please bring your own mat, water and hand wipes. If you are feeling unwell, it is important that you do not attend this session.

Please book your slot here: <https://ourparks.org.uk/borough/family-fit-92210>

MEETING POINT:

Path by football changing rooms

Organiser and contact details

Organiser

OurParks

Email address

jessica@outparks.org.uk

Costs

Costs

Free

Event repeats

Repeats

This event repeats on the following dates:

- 4Apr
- 11Apr
- 18Apr
- 25Apr
- 2May
- 9May
- 16May
- 23May

Accessibility

Accessible building

N/A

Accessible toilets

N/A

Parking facilities

Yes

Dietary needs catered for

N/A

Staff have specialist training

Yes

Event reminders

You can send yourself a reminder email three days prior to events taking place. 'Family Fit' is taking place on 04 April 2026.

Location map