Box Fit

09
Apr

7pm to 8pm
.

Learn the basic boxing moves whilst also getting a great work.

Age range

Age of users

From **16 years** to **99 years**

Organiser and contact details

Organiser

Busen Martial Arts and Sports Trust

Email address

info@bu-sentrust.org.uk

Costs

Costs

Get your first session FREE

Event repeats

Repeats

This event repeats on the following dates:

- 9Apr
- 13Apr
- 16Apr
- 20Apr
- 23Apr
- 27Apr
- 30Apr
- 7May

We can remind you about this event

Please create an account or login to set up reminders for this event.