

## Ju-Jutsu

08

Apr

⌚ 7pm to 8pm



Fun and friendly traditional Japanese ju-jutsu, ideal class for discipline, fitness, self confidence and learning self defence.

### Age range

#### Age of users

From 16 years to 99 years

### Organiser and contact details

#### Organiser

Busen Martial Arts and Sports Trust

#### Email address

info@bu-sentrust.org.uk

### Costs

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Get your first session FREE

### Event repeats

#### Repeats

This event repeats on the following dates:

- 8Apr
- 15Apr
- 22Apr
- 29Apr
- 6May
- 13May
- 20May
- 27May

### Event reminders

You can send yourself a reminder email three days prior to events taking place. 'Ju-Jutsu' is taking place on 08 April 2026.