

## Young Adult Carers peer support group

17  
Apr

⌚ 10.30am to 12.30pm  
📍

Kingston Carers Network runs monthly groups to give carers the chance to chat with others who may be in a similar situation to themselves. It is a friendly opportunity to share stories and tips in a safe, non-judgemental space. Get in touch with Liz if you would like more information or to come along.

### Age range

#### Age of users

From 16 years to 21 years

### Organiser and contact details

#### Organiser

Kingston Carers Network

#### Email address

supportgroups@kingstoncarers.org.uk

#### Phone

07551 647 448

### Costs

#### Costs

Free

### Event repeats

#### Repeats

This event repeats on the following dates:

- 17Apr
- 1May
- 15May
- 5Jun
- 19Jun
- 3Jul
- 17Jul
- 7Aug

### Opening times

#### Days and times of activity / opening

Wednesday from 10:30 to 12:30 first wednesday of each month

## We can remind you about this event

Please create an account or login to set up reminders for this event.