

## Pyramid Youth Group

03

Apr

🕒 7pm to 8pm

📍 online.

StudentSpectra's Youth Group - Pyramid - is for 13-18 year olds who live in London and identify as LGBTQ+ who want a space to socialise with other LGBTQ+ peers, and to find support with their mental wellbeing, identity, and personal development.

Sessions are run by our LGBTQ+ Youth Worker, along with support staff.

StudentSpectra staff will lead activities, encourage discussion, and will be on hand to provide support and signposting to group members throughout the sessions.

Sessions are currently being held online via Zoom and take place twice weekly:

Chat and Chill sessions - Mondays 7pm - 8pm

These sessions are a space for you to talk about anything that's on your mind and spend time socialising with peers.

Activity sessions - Fridays 6pm - 7pm

These sessions are more structured; covering specific themes to help with self-development. Sessions focus on emotional wellbeing, relationships, and queer identity.

### Organiser and contact details

#### Organiser

Spectra

### Event repeats

#### Repeats

This event repeats on the following dates:

- 3Apr
- 6Apr
- 10Apr
- 13Apr
- 17Apr
- 20Apr
- 24Apr
- 27Apr

### Accessibility

#### Please enter any further details about your accessibility / specialist support

Group members are asked to complete a New Members Form and will have an introductory conversation with the Youth Worker before being invited to join the group; this is to preserve confidentiality, and protect existing group members.

### Event reminders

You can send yourself a reminder email three days prior to events taking place. 'Pyramid Youth Group' is taking place on 03 April 2026.