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Barnfield Riding for the Disabled Association

Organisation details

Description of activity

Barnfield Riding for the Disabled Association runs riding activities for children and adults with any difficulty or disability.

The Volunteers at Barnfield RDA give local children and adults who have mental or physical disabilities the chance to ride horses. This doesn't just make their life more enjoyable – horse riding is medically recognised for its therapeutic benefits such as strengthening muscles, improving co-ordination, building confidence physically and through speech, relieving stress and giving general psychological encouragement.

Each rider needs up to three helpers – one to lead the horse and two side walkers to ensure safety. The helpers are extraordinary local volunteers who give up their time, all united in their desire to help those less fortunate than themselves

We are a totally standalone charity and need to raise around £30,000 a year in order to continue this facility. We have around 50 clients each week and our only regret is that the monetary constrictions mean there are not more.

To find out more about Barnfield RDA and our Lessons or ways in which you too could Volunteer and support our valuable work please visit our website.

Or Call Patsy at Barnfield Riding School on 020 8546 3616

Parkfields Road, Kingston-Upon-Thames, Surrey, KT2 5LL

Contact details

Telephone

020 8546 3616

Email address

info@barnfieldrda.org

Website

<https://www.barnfieldrda.org/>

Social media links

Facebook link

<https://www.facebook.com/BarnfieldRDA/>

Address details

Building name

Barnfield RDA

Address 1

Parkfields Road

Town

Kingston-upon-Thames

Postcode

KT2 5LL

Accessibility

Staff have specialist training

Yes

Availability details

Days and times of activity / opening

When is the activity or service available

All Year Round

How to access the service/activity

Pre-book |

Description of eligibility or referral criteria and pathways (if applicable)

We are experienced in working with riders with a wide range of disabilities, including ASD, ADHD, learning difficulties, and muscular dystrophy.

Location Map