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The Fircroft Trust Man Shed

Organisation details

Description of activity

Man Shed is a space for men in our local community who may be lonely, isolated, vulnerable or experiencing mental health issues.

It is a community group which is a place of skill-sharing and informal learning, or individual pursuits to give purpose, achievement and social interaction. We welcome any men who are living with mental or physical ill-health, social isolation or in recovery.

The range of activities in the Man Shed is tailored to suit the group, however, attendees play an important part in making decisions about the group's activities, so come and join us in a friendly, safe environment, supporting good mental health by sharing skills and knowledge with others.

Contact details

Contact name

Teresa Smith

Telephone

020 8399 1772

Email address

manshed@thefircrofttrust.org

Website

<http://thefircrofttrust.org/man-shed/>

Address details

Building name

The Fircroft Trust

Address 1

96 Ditton Road

Town

Surbiton

County

Surrey

Postcode

KT6 6RH

Availability details

Days and times of activity / opening

Monday

from 10:00

to 15:00

Thursday

from 10:00

to 15:00

Location Map