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## Kids' Cookery School (KCS)

### Organisation details

#### Description of activity

KCS exists to give children and young people the skills and knowledge needed to make healthy food choices for themselves; KCS empowers children and young people so that they can look forward to a healthier future.

Practical cookery has health, social and educational benefits:

Health: students learn about basic nutrition, how to prepare healthy and tasty dishes from fresh ingredients and to cook in safe and hygienic way.

Social: students become more independent, work together and learn about other cultures through food. Students can share skills with family and friends.

Educational: students learn a practical life skill. Some students can achieve an accredited qualification in cookery.

What does KCS offer?

KCS is a unique cookery school: we teach around 2,500 students each year how to cook and eat healthy food.

We have purpose-built teaching kitchens in Acton, West London, where the majority of our practical cookery projects take place. At KCS we believe that all children should have the opportunity to learn cookery and we welcome students with special needs (physical, learning or behavioural). Our premises are fully wheelchair accessible.

### Contact details

#### Telephone

020 8992 8882

#### Email address

[info@thekidscookeryschool.co.uk](mailto:%20info@thekidscookeryschool.co.uk)

#### Website

<https://www.thekidscookeryschool.co.uk/index.php>

### Social media links

#### X link

<http://twitter.com/KidsCookerySch>

#### Facebook link

<http://www.facebook.com/pages/The-Kids-Cookery-School/138361989526492>

### Address details

#### Building name

The Kids' Cookery School

#### Address 1

107 Gunnersbury Lane

#### Town

Acton

#### Postcode

W3 8HQ

**Taking part if you are a child or young person with additional needs or a disability.**

**How can a child or young person with SEND take part in this activity**

At KCS we believe that all children should have the opportunity to learn cookery and we welcome students with special needs (physical, learning or behavioural). Our premises are fully wheelchair accessible.

## Location Map