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Malookoo Dance Fitness

Organisation details

Description of activity

Malookoo provides dance fitness classes to anyone with a learning disability that enjoys dancing in the Surrey and south London area. If you feel you need some support at a session, no problem bring someone with you, who will also join in the experience.

You don't need to know how to dance, all our routines are easy when you know them!

Classes are in Sutton.

Malookoo also provides bespoke training packages, written specifically for the skills you are looking for to enhance yourself and/or you team – available training includes Safeguarding, Disability Awareness, Communication, Positive Personal Care and more.. Contact us to discuss your requirements.

Contact details

Contact name

Olivia

Email address

olivia@malookoo.co.uk

Website

<https://www.malookoo.co.uk/>

Address details

Building name

Various

Accessibility

Please enter any further details about your accessibility / specialist support

Need an extra hand

If you have a learning disability and/or difficulty and feel you need somebody to support you at our dance fitness classes, please bring somebody with you.

We actively encourage everybody in the room to join in and get dancing. Our classes are so exciting though we are sure you won't stop moving until the end.