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Mind in Kingston

Organisation details

Description of activity

Mind in Kingston provide a range of services to support mental health in the Royal Borough of Kingston Upon Thames.

Telephone advice

The Telephone Advice Service consists of signposting to sources of specialised support and resources and general information and advice. Due to the nature of the office work you may need to leave a message but Mind will return your call as soon as possible. Office hours are Monday to Friday 9.30am to 4.30pm

Aims

To promote the understanding of mental health issues and to provide a range of services in the Royal Borough of Kingston to people with support needs due to their mental health.

Mind in Kingston aims to achieve the following outcomes:

For tenants and service users:

A home that meets their needs where they can manage their own daily living.

The chance to use their strengths and abilities in ways they find rewarding.

A satisfying and supportive social network.

The quality of life they want for themselves.

The opportunity to make informed choices in matters important to them.

For the general public:

A better understanding of mental health and related issues.

A source of information on mental health and related issues.

Combating stigma and promoting positive images of mental health.

Contact details

Telephone

020 8255 3939

Email address

info@mindinkingston.org.uk

Website

<http://www.mindinkingston.org.uk>

Social media links

Facebook link

<http://www.facebook.com/mind.kingston>

Address details

Building name

Mind In Kingston

Address 1

Siddeley House

Address 2

50 Canbury Park Road

Town

Kingston Upon Thames

Postcode

KT2 6LX

Availability details**Days and times of activity / opening**

Monday	from 9.30	to 17.30
Tuesday	from 9.30	to 17.30
Wednesday	from 9.30	to 17.30
Thursday	from 9.30	to 17.30
Friday	from 9.30	to 17.30

Is there a cost for this service or activity

No

Location Map