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## Side by Side

### Organisation details

#### Description of activity

Online specialist coaching worldwide and face to face training for people or families with ADHD, Asperger's Syndrome, Autism and Pathological Demand Avoidance (PDA)

Statement from Achieving for Children on PDA:

Pathological demand avoidance (PDA) is a profile that describes those whose main characteristic is to avoid everyday demands and expectations to an extreme extent. AfC and South West London & St George's Mental Health NHS Trust follow the guidelines in the DSM-V or ICD-10 manuals of diagnostic criteria currently used in the UK and internationally. These guidelines do not recognise PDA as a condition and therefore diagnostic services such as CAMHS will not make a separate diagnosis of PDA and do not fund independent assessments. Frequently, children who present with this profile of difficulties meet the criteria for Autism Spectrum Condition (ASC). An autism assessment is important / helpful if you feel your child has features of a PDA profile because alongside assessing for ASC, it also identifies the type of interventions that would be supportive.

We appreciate that all children and young people are unique and that some parents and carers may have an interest in understanding more about this subject. We have therefore included information on PDA on this website to meet this need.

### Contact details

#### Telephone

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#### Website

<http://sidebysidecoaching.co.uk/>