

Not found what you're looking for?

Search directory by keyword:

[search help \(video\)](#)

FASTMINDS - ADHD Kingston

Organisation details

Description of activity

Fastminds is an adult ADHD support group based in Kingston.

However ADHD affects you and your family, FASTMINDS is a group of people dedicating time to helping you understand ADHD and how it is managed. We run support groups, informal, formal presentations and coaching sessions.

We meet every Thursday morning 10am -12.30pm in Queen Mary's Hall, Cambridge Gardens, KT1 3NJ and every 4th Monday of the month 7 - 9pm at the Kingston Quaker Centre, Fairfield East, KT1 2PT.

Contact details

Contact name

Sheena Crankson

Telephone

07946 903201

Email address

info@adhdkingston.org.uk

Website

<http://www.adhdkingston.org.uk/>

Social media links

Facebook link

<https://www.facebook.com/FastmindsKNG?fref=ts>

Address details

Address 1

68 Crown House

Address 2

165 Kingston Road

Town

New Malden

County

Surrey

Postcode

KT3 3NA

Age range

Age of users

From 18 years to 25 years

Location Map

LOCATION map