

## Family Fit

11  
Apr

⌚ 9.30am to 10am

📍 Fairfield Recreation Ground, Fairfield Road . [View map](#)

Family Fit is a 30 minute fitness session for the whole family with all abilities welcome. Only Parkers booked onto this session will be allowed to take part. No equipment will be provided so please bring your own mat, water and hand wipes. If you are feeling unwell, it is important that you do not attend this session.

Please book your slot here: <https://ourparks.org.uk/borough/family-fit-92210>

### MEETING POINT:

Path by football changing rooms

## Organiser and contact details

### Organiser

OurParks

### Email address

[jessica@outparks.org.uk](mailto:jessica@outparks.org.uk)

## Costs

### Costs

Free

## Event repeats

### Repeats

This event repeats on the following dates:

- 11 Apr
- 18 Apr
- 25 Apr
- 2 May
- 9 May
- 16 May
- 23 May
- 30 May

## Accessibility

### Accessible building

N/A

### Accessible toilets

N/A

### Parking facilities

Yes

### Dietary needs catered for

N/A

### Staff have specialist training

Yes

## We can remind you about this event

Please create an account or login to set up reminders for this event.

## Location map