

Karate for 8 years old and above

07
Apr

⌚ 4.45pm to 5.30pm

📍 The Cross Way Centre, 306 Richmond Road, East Twickenham. [View map](#)

Our karate class is run by Tony, a Sensei from the Busen Academy in Twickenham and takes place at our usual session every Tuesday afternoon in term time from 4.45 to 5.30pm. Most Tuesdays this class is for children and young people aged 8 and above. Occasionally we have special introductory sessions for everyone.

All welcome, beginners and siblings too!

This activity is for children with special needs and siblings, even if their brother or sister is not taking part too. This club gives children confidence to see what they can do – and learn some Japanese words too! Come and try it, or just watch to start with.

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Me too & Co Karate Kids courses have been run for children with additional needs and siblings aged 8 to 12 years since November 2012. The course is run by Sensei from the Busen Academy on Tuesday afternoons from 4.45 to 5.30pm. Beginners are very welcome. Classes are free of charge and Karate suits can be provided

Since the children have started, parents have reported improvements in their children's skills such as; focus, concentration, attention and listening, co-ordination, balance, core strength, confidence, organisational skills.

This activity is insured through the karate instructor directly and any queries with regards to insurance should be directed through him.

Organiser and contact details

Email address

info@skylarks.charity

Phone

0330 520 0220

Costs

Costs

Free of charge but donations welcome

Event repeats

Repeats

This event repeats on the following dates:

- 7Apr
- 14Apr
- 21Apr
- 28Apr
- 5May
- 12May
- 19May
- 26May

We can remind you about this event

Please create an account or login to set up reminders for this event.

Location map