

Boxfit class

06
Apr

⌚ 7pm to 8pm

📍 Busen Martial Arts and Sports Trust, 244 Stanley Road. [View map](#)

Boxfit class -

A class for all levels specialising in basic boxing skills and fitness

Age range

Age of users

From 10 years to 99 years

Organiser and contact details

Organiser

Busen Martial Arts and Sports Trust

Email address

info@bu-sentrust.org.uk

Costs

Costs

First class is free

Event repeats

Repeats

This event repeats on the following dates:

- 6Apr
- 9Apr
- 13Apr
- 16Apr
- 20Apr
- 23Apr
- 27Apr
- 30Apr

Opening times

Days and times of activity / opening

Monday	from 7:00	to 20:00
Tuesday	from 7:00	to 20:00
Wednesday	from 7:00	to 20:00
Thursday	from 7:00	to 20:00
Friday	from 7:00	to 20:00
Saturday	from 10:00	to 17:00
Sunday	from 10:00	to 13:00

Accessibility

Accessible building

Yes

Accessible toilets

Yes

Parking facilities

Yes

Dietary needs catered for

N/A

Staff have specialist training

N/A

Event reminders

You can send yourself a reminder email three days prior to events taking place. 'Boxfit class' is taking place on 06 April 2026.

Location map