

## Box Fit

09  
Apr

⌚ 7pm to 8pm  
📍

Learn the basic boxing moves whilst also getting a great work.

### Age range

#### Age of users

From 16 years to 99 years

### Organiser and contact details

#### Organiser

Busen Martial Arts and Sports Trust

#### Email address

info@bu-sentrust.org.uk

### Costs

#### Costs

Get your first session FREE

### Event repeats

#### Repeats

This event repeats on the following dates:

- 9Apr
- 13Apr
- 16Apr
- 20Apr
- 23Apr
- 27Apr
- 30Apr
- 7May

## We can remind you about this event

Please create an account or login to set up reminders for this event.