

## Beginners Karate

13

Apr

⌚ 6pm to 6.45pm



Fun and friendly traditional karate. Karate teaches discipline, self confidence whilst also improving fitness and learning self defence.

### Age range

#### Age of users

From 5 years to 16 years

### Organiser and contact details

#### Organiser

Busen Martial Arts and Sports Trust

#### Email address

info@bu-sentrust.org.uk

### Costs

#### Costs

Get your first session FREE

### Event repeats

#### Repeats

This event repeats on the following dates:

- 13Apr
- 20Apr
- 27Apr
- 11May
- 18May
- 1Jun
- 8Jun
- 15Jun

## We can remind you about this event

Please create an account or login to set up reminders for this event.